

LEVEL	Tuesday		Thursday	Saturday	Length of class
	Glenview	Lawrence	Lawrence	Glenview	
Adult Swim	8:30	-	8:30	8:15 am	1 hr*
Competitive	-	7:15	-	-	1 hr
Synchronized	-	-	7:15	-	40 min.

Prices are \$300 for 1st family member, \$275 for 2nd family member and \$260 for third and subsequent family member.

SPECIALTY COURSES	FEES	PREREQUISITES
Adult Courses: Learn to Swim, Masters, Open Learn to swim or improve your skills in small classes. Instruction is geared to individual needs. Tuesday nights are reserved for a Learn-To-Swim class at Glenview. Thursday nights, we hold a Masters Class for which swimmers should be able to swim 4 lengths of the pool (100m) at Lawrence Park. Saturday morning at our Glenview Open class, we welcome all swimmers from Beginners to Masters.	\$300.00	None
Competitive * Introduces and refines the starts, turns and strokes used in competitive swimming.	\$300.00	NTAC level 9 is recommended
Synchronized * Introduces the challenging basic skills and strokes of synchronized swimming.	\$300.00	NTAC level 8 is recommended

* Candidates who do not have the required prerequisite may make an appointment for a water test to determine if their skill level is suitable to enter these programs. For further information, please contact: NTAC via e-mail info@ntac.ca or at 416-483-2929.